

IN CASE OF EMERGENCY

We require this information for our files

Please **PRINT**

MEMBERS INFORMATION:

NAME _____ PHONE _____ DOB _____

ADDRESS _____

DR. NAME _____ DR. PHONE _____

MEDICAL CONDITIONS: _____

MEDICATIONS: _____

EMERGENCY CONTACT PERSON:

NAME _____ PHONE _____

Signature _____ Date _____



Are you ok with receiving your Newsletter on line? Yes___ No___

Milford Senior Center, Inc.
Membership Registration

Date_____ Relocated from which State?_____

Last Name_____ First Name_____

Address_____
Street City, State Zip Code

County_____ Phone_____

Date of Birth_____ Email Address_____

Do you want your Birthday listed in our newsletter? Yes___ No___

Are you a Veteran? Yes___ No___ Branch of Service_____

Emergency Contact_____ Relationship_____

Home Phone_____ Work Phone_____

Do you have any medical conditions we should be aware of? (i.e. diabetes, heart disease, etc...) If so, please indicate_____

DISCLAIMER: Members participate independently all services, activities and programs at will. I hereby release MSC, Inc. from any liability resulting from my voluntary participation in programs, services and activities.

Signature: _____

The suggested annual membership donation is \$20.00 per person/year

. Please make this donation by June 1st each year.

FOR OFFICE USE ONLY:

Male_____ Female_____ Code_____ Membership #_____
Spouse (-55 yrs)_____ Disabled_____ Homebound_____
Congregate_____ Handicapped (-60 yrs)_____

MILFORD SENIOR CENTER CODE OF CONDUCT

The Milford Senior Center is committed to creating a safe, comfortable and memorable experience for our members. In order to provide an environment where all attendees can enjoy our many trips and activities, we have instituted a Code of Conduct that remains in effect indefinitely.

A violation from the Code of Conduct will result in a 30-day ban from future trips and activities without refund for associated fees. After trip and activity access is reinstated and a following violation is committed for the second time, a lifetime ban will be issued from all future MSC trips and activities.

TRIPS:

- Failure to follow the Group Leader or Bus Driver's instructions
- Irresponsible use of alcohol.
- Public nudity or obscene clothing.
- Accessing restricted areas without proper passes.
- Taunting, abusive or disruptive language and obscene or offensive gestures, or imagery.
- Not returning to designated meeting areas on time. (call group leader if you find you will be late due to an emergency)
- Urinating in public (anywhere other than a proper restroom).
- Fighting or engaging in any action that may harm, endanger, threaten or bring discomfort to anyone.
- Possession use or sale of any illegal drugs.
- Damage, destruction, vandalism or theft of any property.

CENTER:

- Irresponsible use of alcohol.
- Public nudity or obscene clothing.
- Taunting, abusive or disruptive language and obscene or offensive gestures, or imagery.
- Urinating in public (anywhere other than a proper restroom).
- Fighting or engaging in any action that may harm, endanger, threaten or bring discomfort to anyone.
- Possession use or sale of any illegal drugs.
- Damage, destruction, vandalism or theft of any property.

While you are enjoying your trip, you are representing the membership of the Milford Senior Center. Please enjoy yourself and leave a good impression so we can schedule more great trips and for you the future!

Print Name

Signature

____/____/____ (Date)

MILFORD SENIOR CENTER, INC. TRANSPORTATION SERVICES WAIVER AND RELEASE

Please read this form carefully and be aware that in consideration for the Milford Senior Center, Inc., you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you might sustain as a result of said services, including but not limited to, vehicle operations and boarding and exiting the vehicle. I recognize and acknowledge that the Milford Senior Center, Inc. transportation is a service for members and guests. I further recognize and acknowledge that there are certain risks of physical injury to vehicle passengers, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity, that I may sustain as a result of participating in any and all activities connected with or associated with receiving transportation services, including, but not limited to, injuries, damages and loss arising out of negligent operation or supervision of the vehicle. I further agree to waive and relinquish all claims I may have (or accrue to me) against Milford Senior Center, Inc., including its respective officials, agents, volunteers and employees (hereinafter collectively referred to as "Party"). I do hereby fully release and forever discharge the Party from any and all claims for injuries, damages or loss that I may have or which may accrue to me and arising out of, connected with, or in any way associated with said transportation services. I further agree that this agreement shall be governed by the laws of the Delaware. I have read and fully understand the above waiver and release of all claims.

I have read and fully understand the above waiver and release of all claims.

Executive Director _____

PLEASE PRINT Participant's Name _____

Signature _____

Date _____

Return the Form to:
111 Park Ave.
Milford, DE. 19963
302-422-3385





PHOTO RELEASE FORM

The Milford Senior Center has my permission to use my photograph publicly to promote the center. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty fee or other compensation shall become payable to me by reason of such use.

Signature: _____ Date: _____

Print Name: _____

Phone Number: _____



Volunteer Enrollment Form
RETIRED AND SENIOR VOLUNTEER PROGRAM
For Kent County, Delaware

Name _____ Birth Date _____

Street Address _____ City, Zip _____

Phone _____ Email Address _____

Ethnic group: ☐ Caucasian ☐ African-American ☐ Hispanic
☐ Native American/Alaskan Native ☐ Asian, Pacific Islander ☐ Other

Are you a veteran? ☐ Yes ☐ No Branch- _____

Physical/Medical Limitations _____

Do you have a car? ☐ Yes ☐ No

Driver's License # _____ State _____ Exp. Date _____

Employment/Volunteer Experience _____

Skills/Interests/Languages _____

Days/Hours Available _____

Emergency Contact _____ Phone _____

Beneficiary for RSVP Supplemental Accident Insurance (Required in order to enroll in RSVP):

Name _____ Relationship _____

Address _____ Phone _____

I understand that if I use my personal automobile to and from my volunteer work station, I will arrange to keep in effect automobile liability insurance equal to or greater than the minimum required by the state. I also understand that a background check may be required from the RSVP Station.

Signature of Volunteer

Date

Signature of RSVP Staff

Date

FITNESS CENTER



HOURS OF OPERATION:

MONDAY & WEDNESDAY 8:30AM – 4:00PM

TUESDAY & THURSDAY 8:30AM – 7:00PM

FRIDAY 8:30AM – 3:00PM

SEVERAL WAYS TO JOIN:

PAID MEMBERSHIP \$50.00 PER YEAR

*FREE MEMBERSHIP WITH ENROLLMENT TO SILVER SNEAKERS OR RENEW ACTIVE

**ONE YEAR FREE MEMBERSHIP WITH PURCHASE OF LIFETIME MEMBERSHIP

*** FREE MEMEBERSHIP WITH 4 VOLUNTEER HOURS PER WEEK

PLEASE SEE THE FRONT OFFICE FOR MORE INFORMATION



**ENROLLMENT THRU SILVER SNEAKERS OR RENEW ACTIVE AVAILABLE WITH MOST MEDICARE SUPPLEMENT PLANS*

***LIFETIME MEMBERSHIP AVAILABLE FOR VERTANS ONLY*



MILFORD SENIOR CENTER

MILFORD SENIOR CENTER TRANSPORTATION SERVICES

Available to all MSC members at no additional charge

DAILY TRANSPORTATION

Every weekday, we offer door-to-door service so you can participate in Center events & activities. We'll pick you up between 8-9:30am and bring you home between 1:30-3pm. Set up a daily schedule with the Transportation Coordinator any time during normal business hours.

**Mileage restrictions apply. Ask for details.*

DOCTORS APPOINTMENTS & ERRANDS

Let us take you to and from your local doctor's appointments and special needs trips. Transportation leaves from and returns to MSC and is limited to a first-come, first-serve basis. Doctor's appointments take priority over general errands. Please call at least 24 hours in advance to avoid cancellation of this service for the day.

Monday-Thursday: 9:30am-1pm (please schedule appointments between 9:45am and 12pm)

CENTER TRIPS

We offer a variety of dining, shopping & recreational trips during the month throughout Milford and beyond! Check your monthly newsletter for dates, times and details.

You can call or stop by the front desk to reserve your seat. When signing up, please let the staff know if you require home transportation as well.

Trips may be suspended in the event of inclement weather or cancelled due to low interest. Cancellations will be given 24 hours' notice.

Refunds for cancellations of reservations will only be made in the event of an emergency or standby fulfillment.

CONTACT US

Transportation Coordinator

Addie Shorts

(302)-422-3385

Please leave a message if there is no answer.

Messages are checked daily prior to the first scheduled trip.

Bus #1 (Green)

Bus #2 (Red)

Van

(302) 632-1181

(302) 632-4068

(302) 632-9034

E-mail

ridewithmsc@gmail.com

Membership Dues

\$20 per year

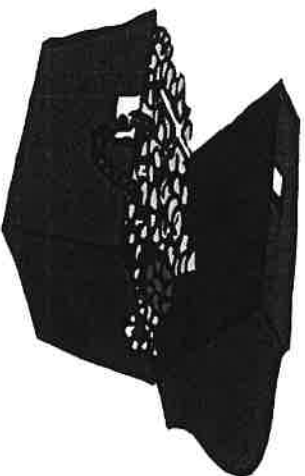
MSC HIDDEN TREASURES

9:00am-2:30pm

"HOT" DOLLAR DAY SALE

WEDNESDAY'S

Certain Items \$1 each



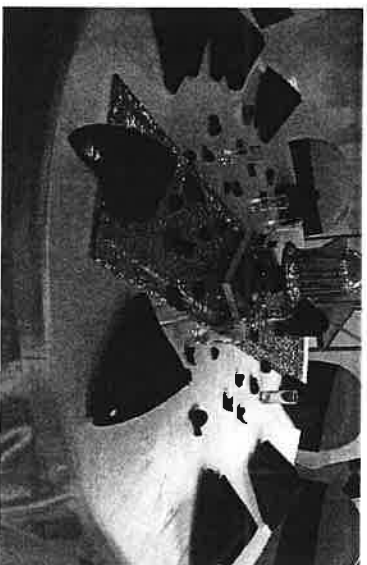
Room Rentals

Looking for a beautiful place to celebrate your Special Occasions? We have the

perfect room for rent. Visit us on our Website milfordseniorcenter.net to download a rental

agreement, or call the office between 8:30am-3:00pm to schedule an appointment.

302-422-3385 (phone) 302-422-6414 (fax)



Office Hours
Monday-Friday
8:30am-3:00pm



MILFORD SENIOR CENTER

Fitness Center

Membership

\$50 a year

**Free for those who qualify
through Silver Sneaker and**

Renew Active



Center Highlights

Milfordseniorcenter.net

111 Park Ave.

Milford, DE. 19963

302-422-3385 (P)

302-422-6414 (F)



MILFORD SENIOR CENTER

Activities

Walking/Haircuts
Knitting
KSI Knitting Group
No Sew Blankets
Scrapbooking
Quilting
Corn Hole
Wood Carving
Ballroom Dance
Line Dance- Beginners and Advanced
Billiards Room
Bingo
Bridge
Bunco
Game Night
Mah Jongg
Pinochle
Scrabble
Chair Exercise
Exercise Class
Fitness Center
Jazzercise
Tai Chi
Yoga
Weight Watchers

Programs

Members Meetings
Birthday Celebrations
2nd Thursday of each month
AARP Defensive Driving Class-
(Beginners and Refreshers)
Bereavement Group
Bible Study
Blood Pressure Check
Diabetes Prevention Class
Elder Law
Financial Investing Class
Lakeside Physical Therapy
Fall Prevention/Shoulder Pain
Matter of Balance
Flu Clinic
Fraud Prevention
Guitar Lessons
Merry Makers
Popcorn & Movie
Prize Bingo
SNAP Program
Transportation

Hot Nutritious Meals
Breakfast \$3 Members
\$5 Non-Members
Lunch \$5 60+ \$8 under 60

Trips

Day Trips
Overnight Trips
Cruises
Beach Trips
Boat Trips
Casino Trips
Dinner Trips
Expo Trips
Ferry Trips
Festival Trips
Mystery Trips
Shopping Trips
State Fair Trips
Zoo Trips

Local trips are free for our
Members!

