#### Monday

2 Oat Pancakes Sausage Patty Applesauce

#### **Tuesday**

2 Turkey Bacon & Spinach Egg Muffins 2 Slices of Toast

#### <u>Wednesday</u>

2 Veggie Egg & Cheese Bites 1 Slice of Scrapple Tater Tots

#### **Thursday**

French Toast Scrambled Eggs Sausage Patty

#### **Friday**

Oatmeal Bar

#### Topping Choices:

Cinnamon, Peanut Butter, Raisins, Walnut Pieces, Applesauce, Blueberries, Bananas Milford Senior Center Presents

# April 2024

## Breakfast Menu Breakfast Served Daily

8:30am-9:45am

\$3.50 Members/ \$5.50 Non-Members

### A 'La Carte Items

Egg Sandwich	\$2.50
Egg & Cheese Sandwich	\$2.75
Green Smoothie (Dairy Free)	\$3.00
Strawberry Banana Smoothie	\$3.50
Tater Tots	\$1.50
Plain Oatmeal	\$1.00

Choice of Bread: White, Multigrain, & Rye Turkey Sausage is an available substitute

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4/1/2024 Salisbury Steak w/ Gravy Mashed Potatoes Chef's Blend Veggie Wheat Bread, Milk Fruit	4/2/2024 Baked Chicken w/ Gravy Wild Rice Buttered Carrots Wheat Bread, Milk Pudding	4/3/2024 Vegetable Soup Tuna Salad on Bun Beet Salad Milk, Fruit	4/4/2024 Fried Chicken Mac & Cheese Mixed Greens Roll, Milk, Pudding	4/5/2024 Chili w/ Red Bean White Rice Green Beans Cornbread, Milk Fruit	
4/8/2024 Spaghetti & Meat Sauce, Peas Breadsticks, Milk Pudding	4/9/2024 Boneless Pork Chop w/ Onion Gravy Mashed Potatoes Yellow Squash w/ Tomatoes, Wheat Bread, Milk Brownie	4/10/2024 Navy Bean Soup Turkey & Provolone Cheese on Bun Mayo, Tomato, Lettuce, Milk, Fruit	4/11/2024  Birthday Celebration Roast Turkey w/ Gravy, Stuffing, Peas w/ Pearl Onions Dinner Roll, Milk, Cake	4/12/2024 Baked Cod Scalloped Potatoes Stewed Tomatoes Wheat Bread, Milk, Pudding	
4/15/2024 Meat Loaf w/ Gravy Mashed Potatoes Spinach Wheat Bread, Milk Pudding	4/16/2024 Chicken Breast w/ Cranberry Glaze Buttered Rice Broccoli Roll, Milk, Cookies	4/17/2024  Taco Chili Salad w/ Lettuce, Tomato, Sour Cream, Nacho Chips, Milk, Yogurt	4/18/2024 Liver & Onions w/ Gravy, Mashed Potatoes, Green Beans Wheat Bread, Milk Mousse	4/19/2024 Baked Ziti w/ Sauce Tossed Salad w/ Dressing Italian Bread, Milk, Fruit	
4/22/2024 Chicken Pot Pie Peas & Carrots Dinner Roll, Milk Applesauce	4/23/2024 Jumbo Chili Dog On Bun Assorted condiments Baked Beans Cookie	4/24/2024 Chicken Noodle Soup Chicken Salad Sandwich Broccoli Salad Milk, Fruit	4/25/2024 Fried Fish Scalloped Potatoes Stewed Tomatoes Cornbread, Milk Sherbet	4/26/2024 Swedish Meatballs Mashed Potatoes Italian Blend Veggie Milk, Fruit	
4/29/2024 Sliced Ham w/ PA Sauce Parslied Potatoes Cabbage, Wheat Bread, Milk Cookie	4/30/2024  BBQ Chicken Mac & Cheese Mixed Greens Cornbread, Milk Tapioca Pudding		ril	Suggested Donation: \$6 for ages 60 & up, all others \$9. Menu subject to change without notice.	