

**Did you Know?**

With funding from Division for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other service providers. We help you live independently longer. For nutrition questions, call 302-734-1200 x 144

# Menu for May

## 2026

Suggested Donation: \$ 6 for ages 60 & up All other pay \$ 10.50 Menu subject to change without notice. Visit us on line at [www.modern-maturity.org](http://www.modern-maturity.org)

				<p><u>1</u> Chicken Pot Pie Buttered Zucchini Wheat Bread/Milk Mousse</p>
<p><u>4.</u> Chicken Tetrizzini w/Noodles Buttered Peas Wheat Bread/ Milk Fruit</p>	<p><u>5. Cinco De Mayo</u> Taco Chili Rice Chef's Blend Vegetables Sour Cream/Tortilla Chips Salsa Milk Pudding</p>	<p><u>6</u> BBQ Pulled Pork on Bun Potato Wedges Mexican Corn Milk Fruit</p>	<p><u>7.</u> Fried Chicken Macaroni &amp; Cheese Seasoned Collard Greens Roll/Milk Ice Cream</p>	<p><u>8.</u> Jumbo Beef Hot Dog on Bun Relish/Ketchup/Onions Potato Wedges Coleslaw Milk Fruit</p>
<p><u>11</u> Swedish Meatballs Buttered Noodles Buttered Green Beans Roll/Milk Fruit</p>	<p><u>12.</u> Baked Chicken w/ Gravy Mashed Potatoes Peas &amp; Carrots Dinner Roll/Milk Lemon Pudding</p>	<p><u>13</u> Tuna Salad on Bun Lettuce &amp; Tomato Macaroni Salad Milk Applesauce</p>	<p><u>14 Birthday &amp; Mother's Day</u> Roast Beef w/ Gravy Mashed Potatoes Buttered Carrots Asparagus ** Congregate Roll/Milk Cake w/Icing</p>	<p><u>15</u> Spaghetti w/ Meat Sauce Mixed Vegetables Italian Bread/Milk Fruited Jello</p>
<p><u>18.</u> Meat Loaf w/Gravy Mashed Potatoes Mixed Vegetables Wheat Bread/Milk Pudding</p>	<p><u>19</u> Sausage &amp; Peppers White Rice Chef's Vegetables Roll/Milk Mixed Fruits</p>	<p><u>20.</u> Beef Stew w/Potatoes &amp; Vegetables Broccoli Biscuit/Milk Fruit  ** Salad Bar MMC</p>	<p><u>21</u> Liver &amp; Onions w/Gravy Mashed Potatoes Buttered Green Beans Roll/Milk Sherbet</p>	<p><u>22. Memorial Day Celebration</u> BBQ Chicken Baked Beans Macaroni Salad Roll/Milk Mixed Fruit</p>
<p><u>25</u> <b>Center Closed for Memorial Day Holiday</b></p>	<p><u>26.</u> Chicken &amp; Dumplings Buttered Green Beans Biscuit/Milk Applesauce</p>	<p><u>27.</u> Meatball Sub Steak Fries Chuck Wagon Vegetables Milk Fruit</p>	<p><u>28.</u> Fried Fish Scalloped Potatoes Mixed Vegetables Corn Bread/Milk Yogurt</p>	<p><u>29.</u> Chicken Parmesan Spaghetti Chef's Blend Italian Bread/Milk Yogurt</p>

"Please be advised that food prepared here may contain these ingredients: milk, eggs, wheat, soybeans, peanuts tree nuts, fish, shellfish and seafood base."